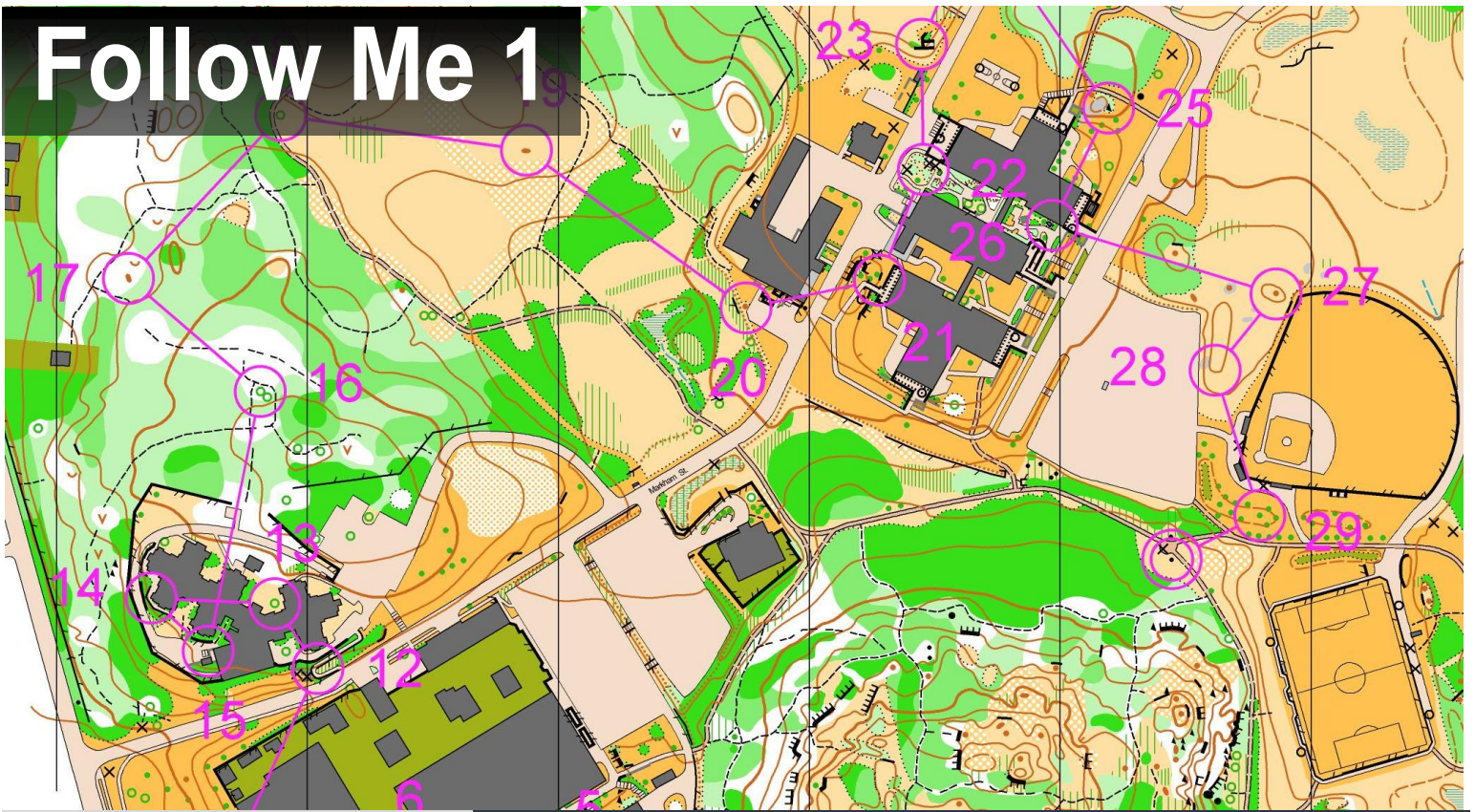


Follow Me 1



ACTIVITY DETAILS

AGE

13+

MATERIALS

Maps

Controls

TIME

30 minutes

GOAL

To learn orienteering technique from peers

INSTRUCTIONS

SET UP

- Plan a course with an even number of controls
- Place the controls

ACTIVITY

- Divide the participants into pairs
- Provide a map to each participant
- Partner 1 navigates to the first control. Partner 2 follows, thumbing their map
- At the control, the partners should discuss the leg
- Partner 2 navigates to the second control. Partner 1 follows. The partners should continue to switch at each control until they have completed the course

